



# Free 2025-2026 School Year Pre-Participation Screening Exams Offered for New Hanover County Middle and High School Athletes and Cheerleaders

## THIS IS THE ONLY FREE SCREENING DATE/TIME FOR the 2025-2026 SCHOOL SPORTS SEASONS

Each year, all North Carolina students planning to participate in athletics or cheerleading must complete a state-mandated screening examination. Physicians from the New Hanover-Pender County Medical Society, in collaboration with New Hanover County Health and Human Services (NHC HHS) and New Hanover County School system, will provide free screenings for New Hanover County athletes and cheerleaders.

**Screening Date: Thursday, May 29, 2025, starting at 5:30 PM.**

**Screening Location: NHC HHS, 1650 Greenfield Street Wilmington, NC 28401.**

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### PRE PARTICIPATION EXAM (PPE) DAY INSTRUCTIONS AND INFORMATION

***On Thursday May 29, 2025, by 5:30 PM, doors will open for participants to enter. Students may only be screened during this assigned time. All Athletes participating in sports/cheer at the following schools in New Hanover County are encouraged to attend:***

NHCS Public High Schools  
NHCS Public Middle Schools

NHC Private High Schools  
NHC Private Middle Schools

**Important Reminder: Copies of completed sports physical screenings are not provided for athletes to take home. Please bring a cell phone or a similar device to take a photo of your completed physical\***

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Parking is available on the Greenfield Street side of the building. Athlete waiting area/lines will be clearly marked and volunteers will be present to provide directions. Students will be seen on a first-come, first-served basis.

- Do not arrive before the assigned time!
- **All required NCHSAA physical screening forms—including medical history, emergency information, and parental permission forms—must be completed and signed by a parent or legal custodian before entry. Students without completed forms will not be permitted to participate.**
- Rising ninth graders & transfers should list the high school that they will attend in the fall.

Forms may be downloaded at:

**English:** [https://www.nchsaa.org/wp-content/uploads/2023/09/2025-2026\\_PPE-English.pdf](https://www.nchsaa.org/wp-content/uploads/2023/09/2025-2026_PPE-English.pdf)

**Español:** [https://www.nchsaa.org/wp-content/uploads/2023/09/2025-26\\_PPE-Spanish.pdf](https://www.nchsaa.org/wp-content/uploads/2023/09/2025-26_PPE-Spanish.pdf)

If there are questions, contact the student's school, the Medical Society's Executive Director, Amber Neisler (910-367-5214; E-mail: [MedicalSociety@NHPCMS.org](mailto:MedicalSociety@NHPCMS.org)), or the NHCS Lead Athletic Trainer, Matthew Triche (910-251-6100 x 74448; E-mail: [matthew.triche@nhcs.net](mailto:matthew.triche@nhcs.net)).

Please do not contact New Hanover County Health and Human Services (NHC HHS) to request information or copies of exam forms. We kindly ask for your patience while forms are being processed.

Once completed, forms will be promptly delivered to the school listed on the athlete's form.

The Medical Society and Health Department physicians, staff and administrations are pleased to be able to donate their time, expertise, and facilities to serve the community's children – and their parents. However, the volunteers unanimously caution, **"Parents, please remember that athletic screening exams are just that. Screenings. Not complete physical check-ups. It is important for junior high and high school students to have their own primary care physician and to develop a relationship of mutual respect and trust with him or her. Moreover, if there are known health concerns, it is imperative that the young person's personal physician be on his/her sports health care team."**